

# **Economics of Food Insecurity and Malnutrition**

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### Key messages

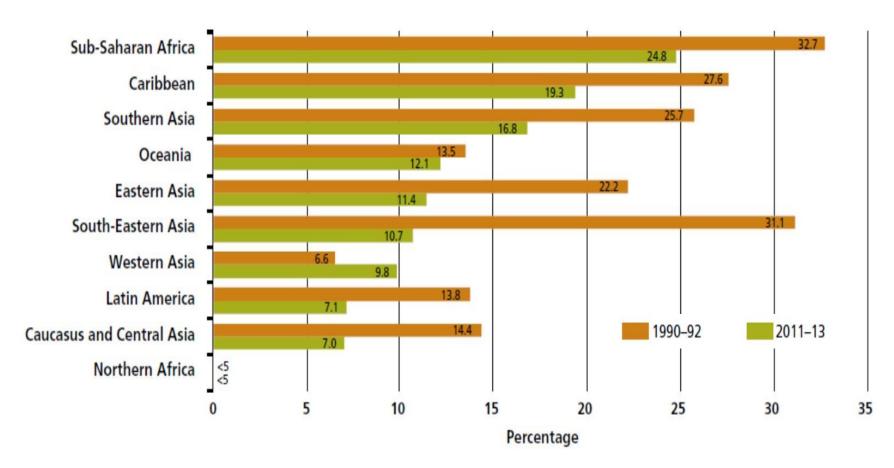


- Global hunger and malnutrition remain big challenges
- 2. Elimination of hunger and malnutrition needs higher priority in post-2015 agenda
- 3. Hunger and malnutrition should be eliminated for ethical and economic reasons
- 4. Efficient policies and prioritized investments will be critical for achieving this goal

## Despite progress, global hunger is still a big challenge



#### Prevalence of undernourishment by region



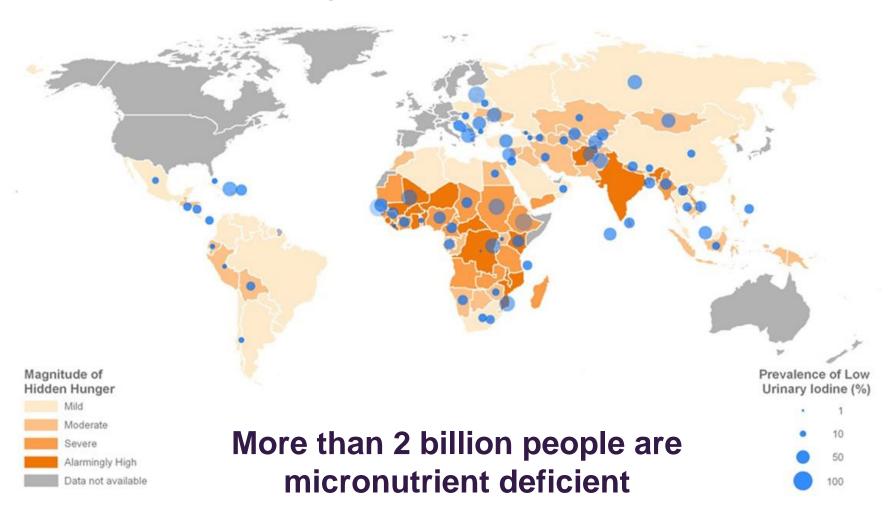
#### Nearly 850 million are hungry

Shenggen Fan, August 2014 Source: FAO 2013

## Micronutrient deficiencies remain prevalent



**Hidden Hunger Index** (micronutrient deficiencies)



Source: Muthayya et al. 2013

### Overweight and obesity are rising



#### In 2013

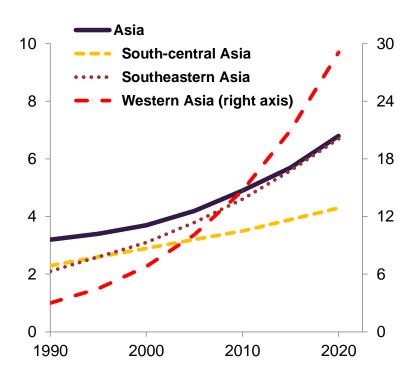
 2.1 billion Individuals are overweight and obese

#### Overweight and obesity no more developed-country problem

- 62% of world's obese live in developing countries (2013)
- Over 40% men, 50% women are overweight and obese in Oceania (2013)

Source: Ng et al. 2014

### Prevalence of overweight and obese children under-5, 1990-2020 (%)



Source: de Onis et al. 2010 Note: data excludes Japan

41% of the world's overweight and obese children live in Asia

## Ending hunger and malnutrition needs higher priority in post-2015 agenda



- Post-2015 agenda being discussed is a framework for upcoming Sustainable Development Goals (SDGs)
- Elimination of extreme poverty is at the center of the SDGs
- Elimination of hunger and malnutrition should be equally central

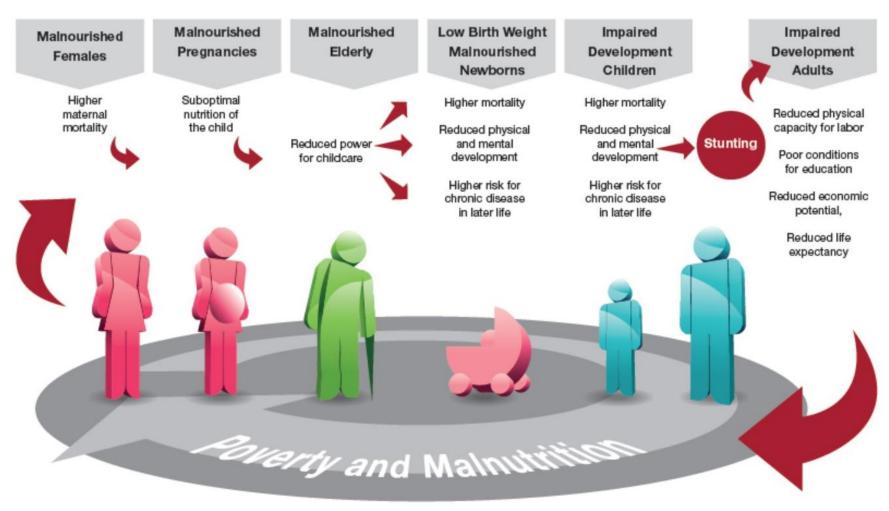
#### Why?

- Hunger and malnutrition affect capability of individuals to escape poverty
- For ethical and economic reasons

## Poverty, hunger, malnutrition are linked in a vicious cycle



#### Trapped in the cycle of hunger, generation after generation



### Hunger and malnutrition are costly



## Impose large social and economic costs via

- Impaired physical and cognitive development
- Problems of social exclusion
- Productivity losses; direct healthcare costs

#### Overweight and obesity social costs in 2010 =

- 3.4 mil. deaths
- 3.9% years of life lost
- 3.8% of DALYs\*

Source: Ng et al. 2014

#### Malnutrition

 5% loss of global GDP or US\$3.5 trillion per year

#### Undernutrition and micronutrient deficiencies

 2-3% loss of global GDP or US\$1.4–2.1 trillion per year

#### Overweight and obesity/NCDs

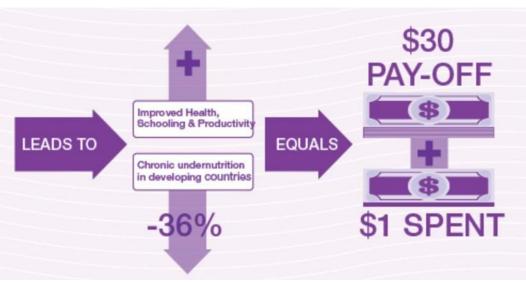
US\$1.4 trillion in 2010

Source: FAO 2013

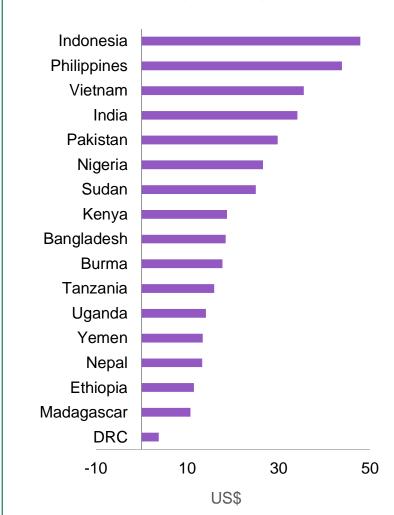
## Economic returns to eliminating hunger and malnutrition can be very high







### Economic returns to US\$ 1 invested in reducing stunting



Source: Hoddinott et al. 2013

## BUT inefficient policies and practices add to burden of hunger and malnutrition



- Underinvestment in food security and nutrition
- Disconnect between agriculture and nutrition policies
- Unsustainable natural resource use in food production
- Trade restrictions
- Lack of social safety nets to protect the poorest
- Gender inequality in agriculture

## Efficient policies and prioritized investments are key



- Accelerate investments in nutrition and reshape agriculture for improved nutrition and health
- Promote sustainable intensification and resilient food system
- Transform smallholders
- Scale up well-targeted, productive, cross-sectoral social safety nets
- Facilitate open, transparent, and fair trade
- Support gender equality in agriculture

## Invest in nutrition-specific and nutrition sensitive interventions



#### **Nutrition-specific**

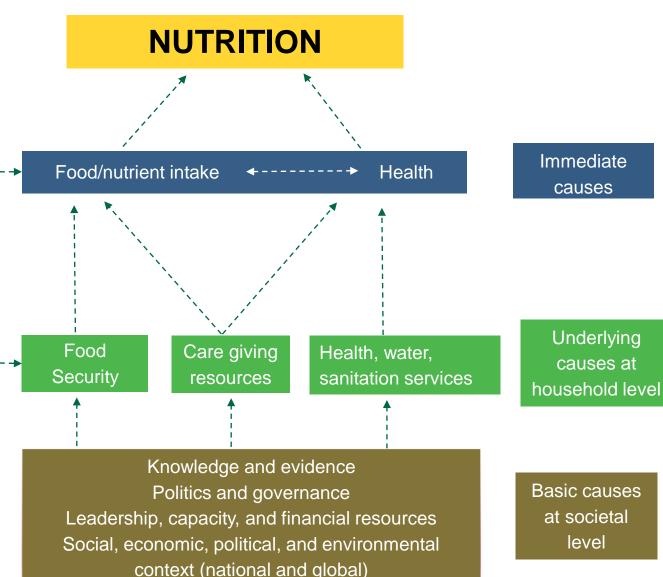
interventions and programs e.g.

- Micronutrient supplementation
- Breastfeeding & complementary feeding
- Dietary diversification

#### **Nutrition sensitive**

programs and approaches e.g.

- Agriculture & food security
- Social safety nets
- Women's empowerment
- Health, water, and sanitation services



## Promote sustainable intensification and resilient food system



It involves more outputs (particularly nutrition) with more efficient use of *all* inputs (on a durable basis) while

- Reducing environmental impact and GHGs
- Building resilience
- Increasing natural capital and flow of environmental services

#### Agric. technologies that produce more with less

No-till	Nitrogen-use efficiency	Drought-tolerant varieties
Integrated soil fertility management	Water harvesting	Heat-tolerant varieties
Precision agriculture	Drip irrigation	Crop protection
Organic agriculture	Sprinkler irrigation	

Source: Nelson et al. 2010; Rosegrant et al. 2014

### **Transforming Smallholders**



- They still account for majority of malnourished
- Not all smallholders are the same
- They either have to Move Up or Move Out
- Support institutional reforms—strengthen land rights
- Scale up innovative, smallholder-friendly financial services
- Invest in new technologies; innovative risk management tools
- Link smallholders to agrifood value chains
- Promote market-based price stabilization

### Scale up productive social safety nets



- Better-targeted and more productive social protection policies
  - Short-term cushion for coping with livelihood shocks
  - Long-term productivity-enhancing or exit opportunities for smallholders
- Cross-sectoral social protection to reach poor more effectively e.g.
  - Ethiopia's Productive Safety Net Program
    - Access to both safety nets and ag. support more beneficial than standalone programs (Gilligan, Hoddinott, and Taffesse 2009)
  - Bangladesh's Vulnerable Group Development Program
    - Food security and nutrition interventions with income-generating activities that target women (Ahmed et al. 2009)

### Facilitate open, transparent, and fair trade



Harmful trade policies e.g. export bans hurt the poor and hinder efficiency of agricultural markets

- Eliminate distortionary trade policies
  - Promotes efficient allocation of resources
  - Improves access to food
- Create global and regional grain reserves
  - Located in poor food importing countries, e.g. Horn of Africa
- Minimize food-fuel competition
  - Halt grain-based biofuel production
- Monitor protection policies of emerging economies e.g. China and India

### Support gender equality in agriculture



#### Gender inequality leads to inefficient allocation of resources

- Gender equality in agriculture leads to
  - Higher agricultural output; productivity gains
  - Reduced hunger and malnutrition, esp. for next generation
  - Improved rural livelihoods
- Examples of interventions
  - Strengthen land rights
  - Improve access to inputs and credit
  - Provide agricultural training and information





Concerted action for efficient policies and prioritized investments is critical to end hunger and malnutrition