

NUTRITION SENSITIVE AGRICULTURE PROGRAMMING: ADDRESSING DEMAND AND SUPPLY SIDE FACTORS IN TIMOR-LESTE



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**Australian
Aid** 

 **TOMAK**
To'os ba Moris Di'ak

Dual but linked objectives:

Component 1: Improving food security & nutrition through NSA approaches

- Women of reproductive age and children 6 – 23 months can access sufficient and diverse food, year round

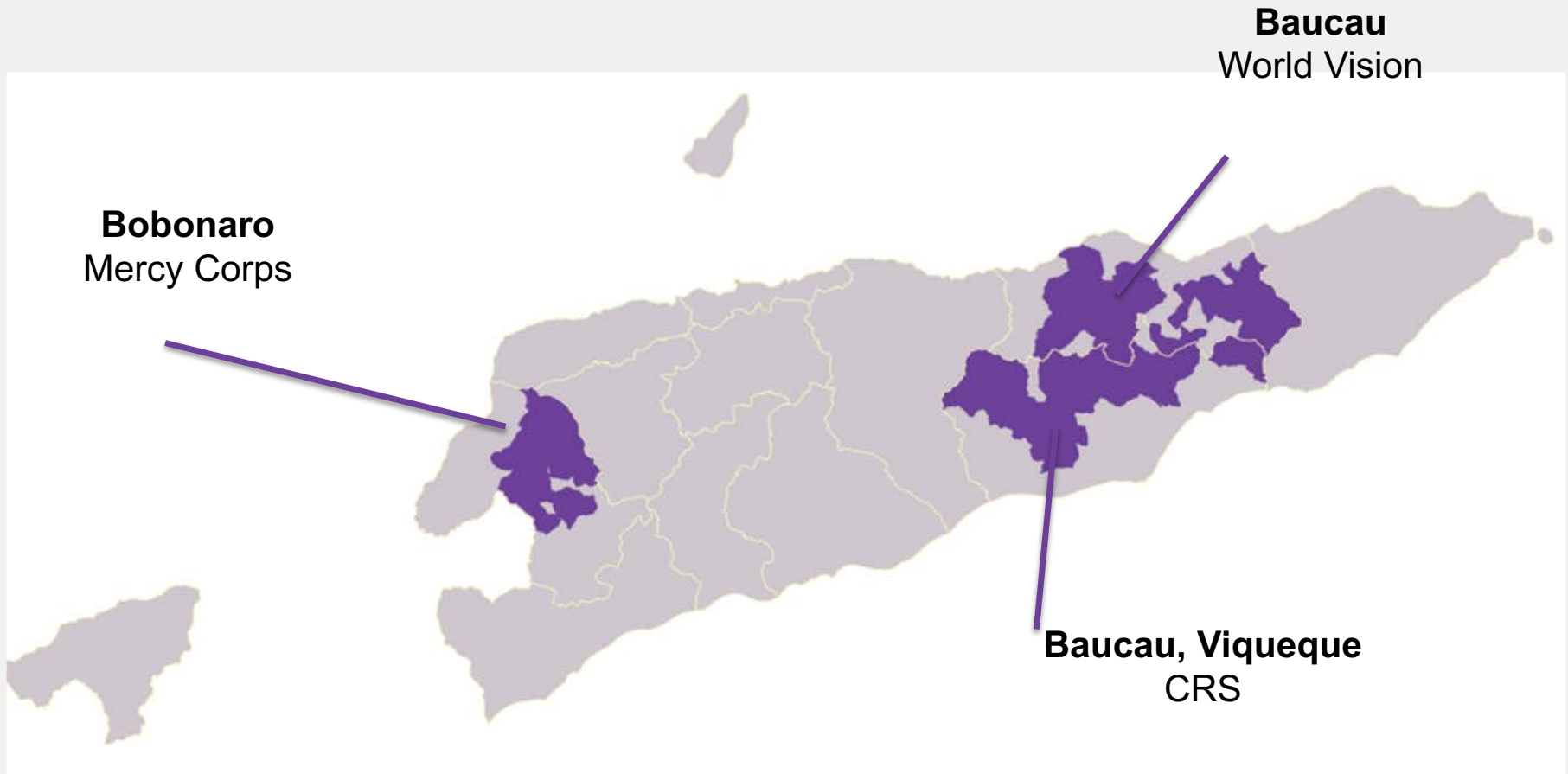
So that:

- ✓ More children from 6-23 months reach minimum acceptable diets
- ✓ Women of reproductive age have improved dietary diversity

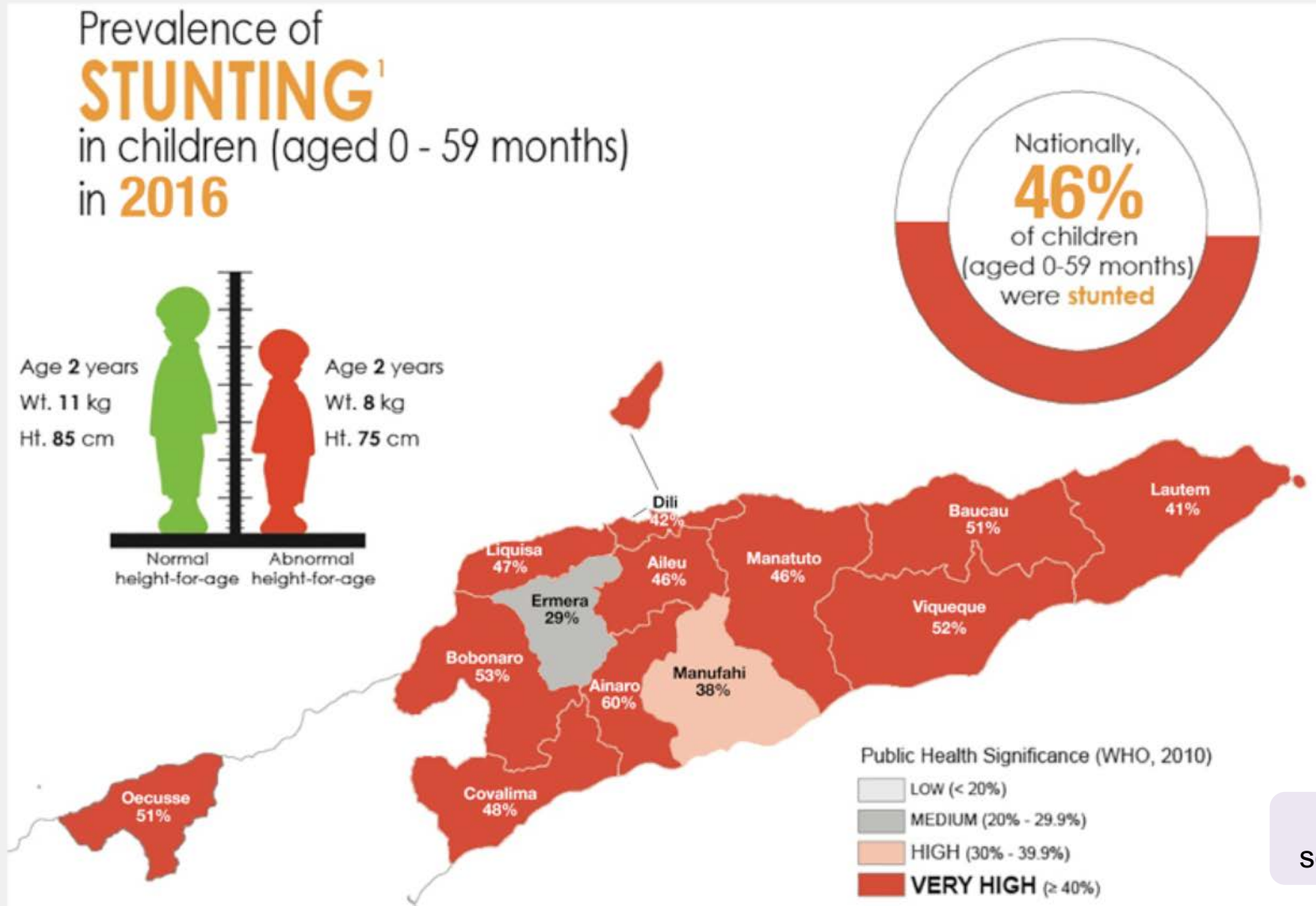
Component 2: Commercial agriculture development

- ✓ Strengthen market systems – move subsistence agriculture to commercial agriculture
- ✓ Gender integrated in both components

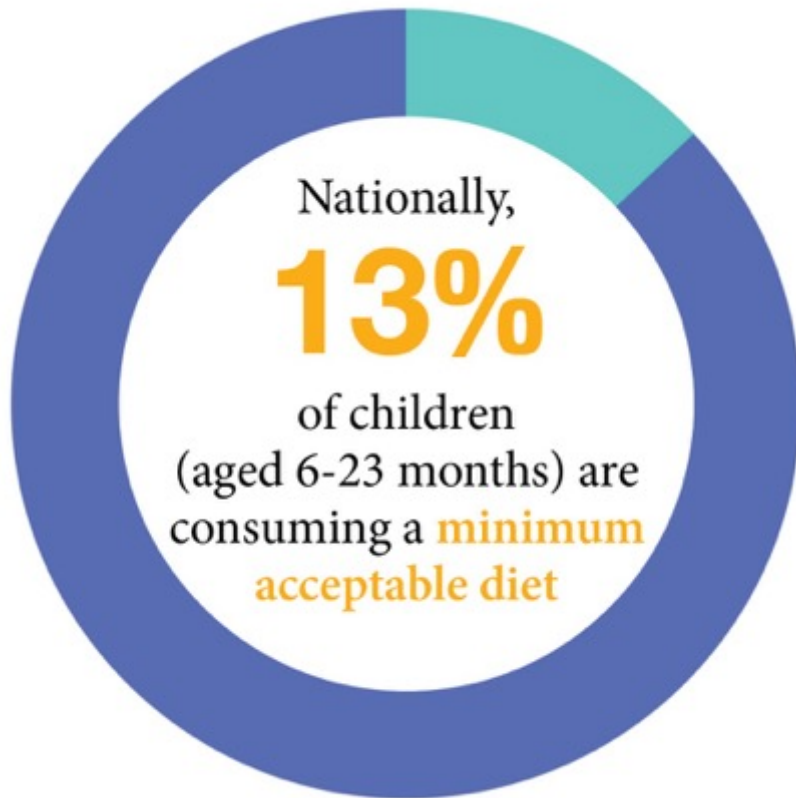
Integration of Gender Equality and Social Inclusion approaches throughout



MALNUTRITION AMONG CHILDREN IN TIMOR-LESTE (AGED 0 – 59 MONTHS)



Original
source: DFAT



*Data from the Timor-Leste Demographic & Health Survey (2016)

Percentage of children
(6-23 months) that
consumed the

**MINIMUM ACCEPTABLE
DIET** in 2016

EATING FREQUENCY

DIVERSITY



+



MINIMUM DIETARY DIVERSITY FOR WOMEN

Commonly consumed



Grains, white roots & tubers, plantains



Dark green leafy vegetables

Less consumed foods



Meat, poultry & fish



Other Vitamin-A rich fruits & vegetables



Pulses (beans, peas & lentils)



Eggs



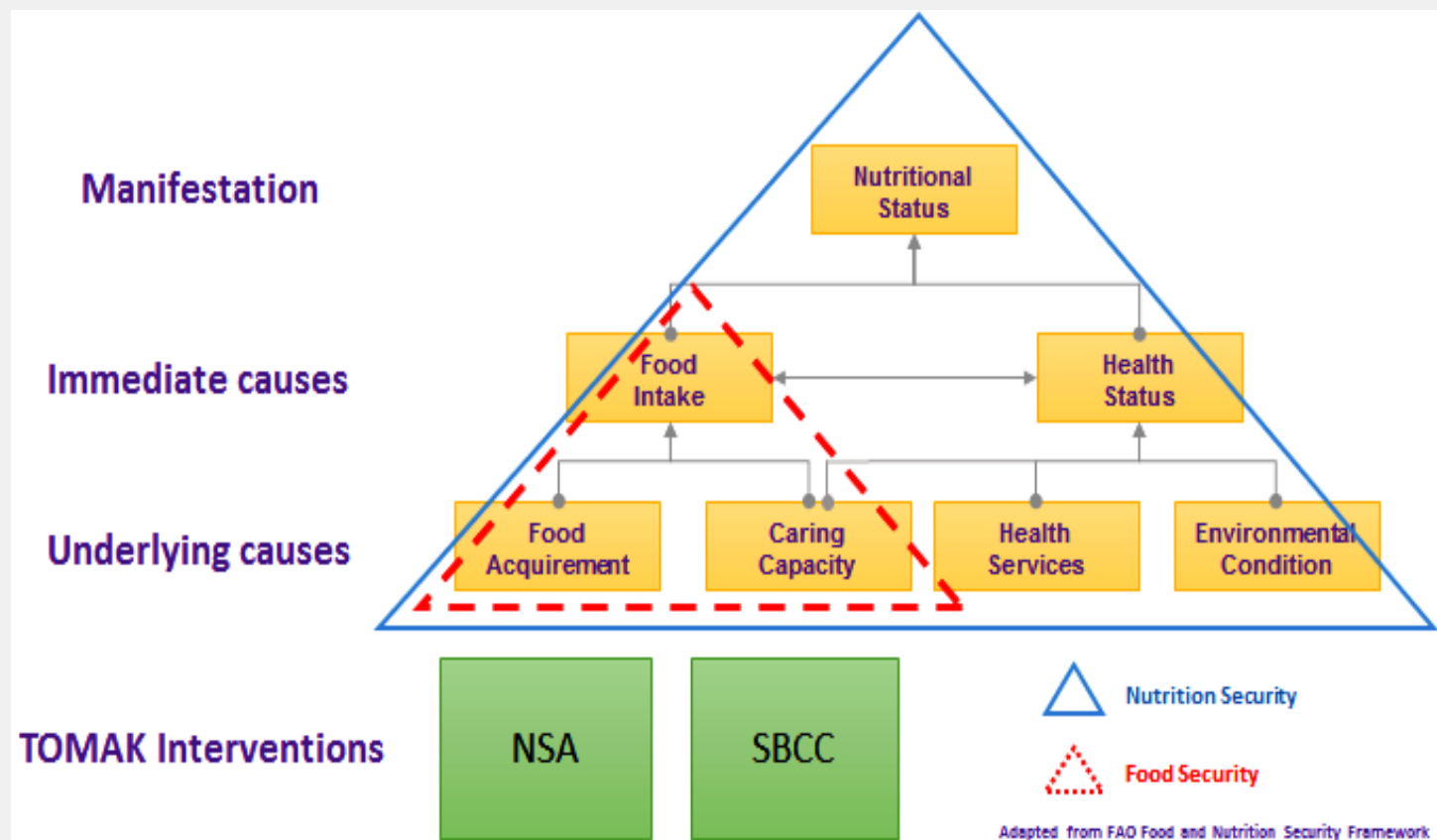
Dairy



Nuts & seeds

Results: 15% WRA reaching MDD (in TOMAK areas)

TOMAK's FOOD SECURITY AND NUTRITION FRAMEWORK



PRIORITY GROUP: Pregnant and lactating women and children under 2 years

C1: SUPPLY-SIDE ACTIVITIES

- Increased and diversified production
- Improved storage, processing and preservation
- Improved handling and utilisation of nutritious food
- Increase household purchasing and investment power
- Inclusive decision-making processes regarding nutrition



Formasaun kona-ba Agrikultura ne'ebé
Sensível ba Nutrisaun (ASN)



C1: DEMAND SIDE - SOCIAL & BEHAVIOR CHANGE (SBC)



Guided by a SBC Strategy

- Guiding document for TOMAK staff and implementing partners, articulates the intended audiences, key behaviours that will be promoted, how, and with whom
- Focuses on a *targeted* set of feasible practices, what audiences are already doing, and what will have a significant impact on nutrition at household level
- Living document

Behavioural Themes...

- Household nutrition
- Infant & young child feeding and care
- Maternal nutrition, care and support
- Household decision-making, responsibilities and male involvement
- WASH and environmental enteropathy
- Profit-seeking and advancement

- Strategic long-term partnerships with a ‘lead’ **INGO** for each municipality and their **local partner networks**
- **Government:** MAF and MoH are key delivery & coordination partners
- **Building off of partner experience, relationships, lessons learned:** working with existing community groups (Care Groups, Parents, Church, food processing, S&L)
- Reproduction of existing materials
- Development of new materials designed to fill gaps and address specific behaviors
- Use of a Learning & Development Platform to discuss lessons across implementation partners



TOMAK: FARMING FOR PROSPERITY



Thank you